

## **MARVEL'SOWN** JUSTIN LEAGUE

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Your essential daily news | WEDNESDAY, JUNE 29, 2016

Bike paths change in transit redesign

Advocate voices concern for safety and connectivity



Braeden Jones Metro Winnipeg

The city says they've found ways to save \$120 million for the next phase of rapid transit, but it might come at the cost of active transportation plans for the design.

Winnipeg Transit director Dave Wardrop told council at a special meeting Tuesday that two tunnels for walkers and cyclists have been eliminated from the city's plans to help reduce costs.

Bike Winnipeg's executive director Mark Cohoe said he has "big concerns" with what losing those below-grade crossings means for the city's fledgling cycle corridor.

"We'll be watching to see how connectivity is impacted," Cohoe said. "Without looking at the actual plans (expected in July) it's hard to say if it's at the cost of active transportation."

The two crossings affected are at

Jubilee Avenue and Plaza Drive at Pembina Highway.

Cohoe said the Plaza Drive rail crossing being at-grade isn't a big issue, but the Jubilee crossing is especially important to ensure safe passage into surrounding neighbourhoods.

He said the approved path alignment provides access to Beaumont, Daniel, Rockman and Panet neighbourhoods, as well as future developments.

"Those are important connections we want to see maintained," Cohoe said.

The tunnel beneath the Jubilee off-ramp would have connected the path network to both sides of Pembina Highway while avoiding a potentially dangerous, high-speed lane of vehicle traffic.

"We want to make sure we're not losing connections through the Pembina underpass for that North-South connectivity," he said.

Coun. Janice Lukes, a long-time active-transportation advocate, said she's confident the replacement crossings will be "suitable," and that any paths crossing the transitway will be separated and protected.

More BRT coverage, page 2



Annaliese Schoppe introduces community garden visitors to the new program, which she'll manage, BRAEDEN JONES/ METRO





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Your essential daily news

Trudeau, Peña Nieto reach deal on visa requirements and Canadian beef. Canada

# City to save \$120 million on rapid transit project

TRANSPORTATION

Public-private partnership brings bus line in under budget



Stephanie Taylor Metro Winnipeg

The City of Winnipeg will save \$120 million in constructing the final stage of the southwest bus rapid transit line, one of the largest capital projects in the city's books.

Mayor Brian Bowman said the revised budget for the project is now \$467.3 million, down from \$587 million.

"I think obviously the stars have aligned on this project with innovations, with interest rates with market conditions," he told reporters Tuesday



The next phase of Bus Rapid Transit will be \$120 million less than expected. METRO FILE

morning.

Bowman attributed the savings to a confluence of factors.

One includes what he touts as the success of executing the project through a P3 contract (public-private partnership) with

Plenary Roads Winnipeg, which has made three "innovations" to the design, meaning residents should expect some routes to

Winnipeg Transit director Dave Wardrop said the most apparent change is the elimination of two active transportation tunnels, and rerouting bike and pedestrian paths elsewhere along the transitway.

For example, instead of building a tunnel underneath the ramps leading up to the Jublice overpass, he said the path would be rerouted between the two bridges.

There will also be no more tunnel built beneath CN Rail's Letellier line, with designers rather looking at building an overpass.

Wardrop said so to avoid the cost of having to relocate tracks or demolish the existing railway bridge, the path planned for the crossing at Bishop Grandin will

be realigned, with several options still on the table.

He said the city only accepted design changes that were deemed feasible, and expressed no concern that relocating the active transportation paths would have an adverse impact on safety.

"We're confident that overall that we're getting a tremendous project," said Wardrop.

The public will get a chance to see more of the detailed changes up close when the city hosts an open house on the project next month.

Other factors that saw savings were low interest rates and favourable market conditions. partially due to the slump in Alberta that has created a demand for work, explained Bowman.

Although Bowman said the surprise savings are welcome news, he remained cautious as to what this means for future BRT expansions.

"I wouldn't want to read into too much in terms of future legs. We still have a lot of work to do," he said.

Bowman said a previously budgeted \$67 million contingency fund for the project will remain untouched.

#### CITY HALL

#### Parking bylaw approved

Tuesday's committee on infrastructure renewal and public works voted in fayour of introducing a new by-law that would amend a number of the current rules the Winnipeg Parking. Authority has around street parking.

If approved, such changes could include a new 30-minute extension for expired parking meters and a provision to permit RVs to park on streets from one hour to up to three days. The parking authority wants the new by-law tabled at July's council meeting, in order for the changes to come into effect by September, METRO

#### Study ordered for bridge replacement project

The city is moving ahead with studying how it should replace the aged Arlington Street Bridge once it's decommissioned in 2020.

Councillors on the infrastructure renewal and public works committee OK'd tasking city staff to refine the solutions proposed to move traffic across the Canadian Pacific Railway tracks.

Currently, building a replacement structure is expected to cost upwards of \$300 million. However, that price will fluctuate as more design work is done. METRO

The stars have aligned on this project with innovations, with interest rates, with market conditions. Mayor Brian Bowman







# Police warn against Blue Nile owner's planned club

**PUBLIC SAFETY** 

Girma Tessema says claims are baseless: 'I'm a victim, too'



Winnipeg police are warning the city that allowing a former legion in the west end to be transformed into a 400-person nightclub would be devastating to public safety due to the volume of violent crimes seen at the applicant's nearby business.

Their concerns are outlined in a letter attached to a staff report recommending an application be denied for a conditional use at the Rift Valley Restaurant at 626 Sargent Ave., former home of a Royal Canadian Legion.

In the report, staff detail how the applicant wants to have a 330-seat restaurant on the main floor, with a stage for performances and a dance floor in the basement.

The second floor would have an 80-person capacity banquet hall and the rooftop would be transformed into a 60-person patio.

Ost. Jeffery Norman of the street crime unit explains in his letter that the applicant is also the owner of The Blue Nile Restaurant located nearby, which has been a hotbed for violent crime over the past two years, "jeopardizing the community's safety."

"These incidents include, but are not limited to, shootings,



Winnipeg police outside the Blue Nile nightclub on Sargent Avenue on Feb. 14, 2015 after four people were stabbed. METRO FILE



Increased volumes in violent crimes, drug dealing, sexual assaults, impaired driving, intoxicated persons, vandalism. Cst. Jeffery Norman predicts the effect on the community

shots being fired, guns seen, stabbings, weapon offences, drug offences, fights, noise complaints and numerous liquor violations under the previous Liquor Control Act and current Liquor Gaming Control Act," Norman writes.

He goes on to say these incidents have resulted in a 200 per cent increase in calls for service, and tied up hours of police time, not to mention yielded innumerable residents' complaints.

Police say the owner, Girma Tessema, has a track record of abusing his occupancy license and disregarding other laws related to running a legal business, despite several educational attempts.

However, when speaking with Metro Tessema dismissed the accusations, slamming the criticism of his business as the baseless beliefs of one police officer — the author

of the report — that has it out for him.

"I created a lot of job opportunities," he said. "We're not doing anything wrong."

Tessema acknowledged that crime has taken place around his business, but that he's always been cooperative with police and has seen a downturn in violence since he changed his closing time from between 3 to 4 a.m. to 2 a.m.

"I'm a victim too," he said,

200%

Cst. Jeffery Norman of the street crime unit says that incidents at the Blue Nile Restaurant have resulted in a 200 per cent increase in calls for police service

adding that a fire destroyed the building at 626 Sargent Ave. earlier this year.

If approved, Tessema assured residents there would be security at his new club and not all of the building's 400-plus person capacity would be used at the same time.

He also said he is currently looking to sell the Blue Nile.

In his letter, Norman says the Blue Nile currently has a capacity for 50 people, but allowing the variance at the 626 Sargent Ave. would allow for more hundreds of more patrons, which "would have a dramatic impact on police resources and calls for service."

"Given previous history at the Blue Nile Restaurant, this means the neighborhood and business surrounding 626 Sargent Avenue would suffer increased volumes in violent crimes, drug dealing, sexual assaults, impaired driving, intoxicated persons, vandalism, loitering and ongoing noise from patrons and the business," writes Norman.

He adds that officers within the exploitation unit believe the nightclub would result in a spike of women and children being trafficked in the sex trade.

The matter is scheduled to go before Wednesday's board of adjustment meeting.

Wish list for road

## for road repairs gets vote

The head of Winnipeg's public works department will be making a list and checking it twice for which, if any, additional residential roads can afford to be fixed this year.

Lester Deane told Tuesday's committee on infrastructure renewal and public works it's still too early in the construction season to determine if the city will have a surplus in its local and regional roads budget, as was suggested by representatives of the construction industry.

Regardless, he said the department could compile a list of residential streets and sidewalks that could be repaired in the case council decided to do so.

The committee vote unanimously in support of the suggestion, after hearing that around \$42 million of the city's total of \$105 million budgeted for roadwork has been awarded.

They also learned that many of the bids for work this season were coming in below budget, and there was a possible window to take advantage of competitive pricing.

Deane said there are \$8 million worth of streets and sidewalks that could use work this summer, but expressed doubt any surplus would be that high.

Staff were tasked to report back to the committee next Monday with a list of possible streets and sidewalks from across the city in need of repair.

The committee also heard that coming in the fall will be a report on potential changes to the way the city tenders and awards it roadwork contracts.

Chris Lorenc of the Manitoba Heavy Construction Association appeared on Tuesday as a delegate, urging the city to review its tendering policies to create more work opportunities for those in the industry, after what he calls a "dismal" construction season.

STEPHANIE TAYLOR/ FOR METRO

## \$42M

Around \$42 million of the city's total of \$105 million budgeted for roadwork has been awarded. There are also \$8 million worth of repairs also needed for streets and sidewalks, says Lester Deane.

CONVICTION

## Man found guilty of drug dealer's murder in Sals

A man has been found guilty in the first-degree murder of a drug dealer who was shot and killed inside a popular Winnipeg restaurant.

A jury deliberated for several hours before convicting Devin Hall in the death of 23-year-old Jeffrey Lau at Salisbury House in September 2012.

The case hinged largely on DNA evidence found on gloves and a shirt left near the crime scene.

Surveillance footage showed a masked gunman walking into the restaurant and opening fire. Hall's lawyer argued that there was no way to prove Hall was the shooter, while the Crown pointed to papers that showed Hall was listed as a driver on a rental car used to flee the scene.

Hall, who is 40, pleaded not guilty and never confessed to the crime. The conviction carries a mandatory life sentence with no chance of parole for at least 25 years.

Hall was also found guilty of the attempted murder of one of Lau's friends, who was also shot in the restaurant but survived. The trial heard testimony from a dead man about the potential motive for killing Lau.

Jurors were shown a videotaped statement to police made by Lau's friend, Justin Latinecz, who was one of five people sitting with Lau when he was shot.

Court was told Latinecz was himself murdered in 2013 and the case remains unsolved.

On the videotape, Latinecz told police that Lau dealt cocaine in large quantities and didn't like sharing his profits with suppliers from Winnipeg or Vancouver. THE CANADIAN FRESS



An officer outside the Salisbury House on Pembina Highway in 2012. METRO FILE

# From seed to plate

New program plants hope for Winnipeg Harvest clients



Braeden Jones Metro Winnipeg

What's the old adage about teaching someone to fish? Surely teaching them to garden has a similar end result.

To fulfil its mission of "fighting hunger and feeding hope," Winnipeg Harvest is launching a new "garden-to-kitchen" education program.

The new program will teach Winnipeg Harvest clients and

volunteers not only how to grow healthy organic produce, but also how to use it to prepare nutritious meals.

"These are great practical skills people are learning here that everyone can benefit from," said program manager Annaliese Schoppe.

Winnipeg Harvest executive director David Northcott said the new program is a "marvellous opportunity" that actualizes the journey of food from seed to plate.

"This will help hungry families to eat and learn how to grow their own food and help feed themselves," he said.

"It is one step closer to our Goal 2025, reducing food bank usage in half and setting a date for eliminating food banks."

Schoppe explained that food

This will help hungry families

to eat and learn how to grow

their own food and help feed

themselves, David Northcott



Executive director David Northcott says produce will be served up for lunch, BRAEDEN JONES/METRO

grown during the program and in the community garden isn't just for instructional purposes, but will also feed up to 200 staff, clients and volunteers daily.

"A lot of this produce is going to end up here at lunch... as well as moving out for food hampers to agencies we (Winnipeg Harvest) support," she

In addition to practical gardening and cooking skills, the program will also emphasize the value of food security and skill sharing through hands-on workshops and presentations.

The garden-to-kitchen program is supported by the Monsanto Fund, the philanthropic arm of Monsanto Canada. Spokesperson Trish Jordan said although Monsanto and

Winnipeg Harvest are "two very different organizations," they share a common goal: "To make balanced meals more accessible to all."

"The garden-to-kitchen program is a beautiful partnership that brings together Monsanto Fund resources with the knowhow of Harvest staff and their reach into the community," she said.

## **Evacuees** from Pas to return

About 2,000 people forced out of their homes in Manitoba last week by two forest fires have can return. A state of emergency was lifted on Monday in Easterville and on the Chemawawin First Nation, about 450 kilometres north of Winnipeg.

Hundreds of evacuees were ordered out on Thursday when the fires crept to within half a kilometre of the communities.

Hundreds went to Winnipeg, while others stayed in The Pas.

The fires switched course on the weekend and started moving towards a lake. Officials were also optimistic that rain in the forecast would help quell the flames. Sprinklers were also set up.

Shawn Feely of the Canadian Red Cross, which was handling the evacuation from the reserve, said he had a positive experience with displaced residents.

"This is a very close-knit community," he said. "They're supporting each other, we're working with them to ensure their needs are met and they're looking forward to going home." CJOS/THE CANADIAN PRESS



# Visa rules changing

#### In turn, Mexico will import Canadian beef

Canada will lift its controversial visa requirement for Mexican visitors before the end of the year, while Mexico has agreed to end long-standing restrictions on Canadian beef imports, Prime Minister Justin Trudeau said Tuesday.

Although both changes are still months away, Trudeau and Mexican President Enrique Peña Nieto expressed satisfaction that the two main irritants in their bilateral relationship would be removed, paving the way for deeper co-operation.

"This move will make it easier for our Mexican friends to visit Canada while growing our local economies and strengthening our communities," Trudeau told a news conference on Parliament Hill, Peña Nieto standing alongside.

Ending Mexican restrictions on Canadian beef, a lingering side effect of long-standing fears over mad-cow disease, "will support Canadian farmers and Canadian families," he added.

The visa requirement will be lifted by Dec. 1, while the beef ban ends in October.

The previous Conservative government imposed visas in 2009 to stop thousands of asylum claims being made by ineligible Mexican citizens — a controversial move that has stood as the major initant between the two countries. The visiting Mexican president was clearly happy to see its demise.

"Since 2009, this barrier has been set, but today thanks to a great political will, we are overcoming such a barrier," Peña Nieto said in Spanish.

Conservative immigration critic Michelle Rempel said in a statement that Trudeau was making "a political decision that puts the security of Canadians at risk" by lifting the visa.

THE CANADIAN PRESS



MISSISSAUGA, ONT. HOME EXPLOSION ROCKS GREATER TORONTO AREA One person has died in an explosion that levelled one home and damaged at least two dozen others in Mississauga, Ont., west of Toronto. A Peel paramedic spokesman said Tuesday night that a woman died at the scene and about a dozen other people were treated for minor injuries. He said none of the injured had to be taken to hospital. NATHAN DENETTE/THE CANADIAN PRESS.

## Trudeau's comic book debut

Make way, Liberal cabinet: Prime Minister Justin Trudeau will have another all-Canadian crew in his corner as he suits up for his latest feature role — comic Justin



book character. Trudeau in Trudeau will comic book grace the vari- form, THE ant cover of canadian press issue No. 5 of Marvel's Civil War II: Choosing Sides, due out Aug. 31.

Trudeau is depicted smiling, sitting relaxed in the boxing ring sporting a Maple Leaf-emblazoned tank and red boxing gloves. Standing behind him are Puck, Sasquatch and Aurora, who are members of Canadian superhero squad Alpha Flight.

"I didn't want to do a stuffy cover — just like a suit and tie — put his likeness on the cover and call it a day," said awardwinning Toronto-based cartoonist Ramon Perez.

THE CANADIAN PRESS

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# Suicide attacks kill dozens in Istanbul

ATATURK AIRPORT

#### Daesh suspected in bombings that also wounded scores of others

Three suspected Daesh suicide bombers targeted the international terminal of Istanbul's Ataturk airport Tuesday, killing at least 36 people and wounding many others, Turkish officials said.

Turkish Prime Minister Binali Yildirim said 36 were dead and Justice Minister Bekir Bozdag said 147 were wounded. Another senior government official, who spoke on condition of anonymity in line with government protocol, told The Associated Press the death toll could climb much higher.

Yildirim said three suicide bombers were responsible for the attack and all initial indications suggest the Daesh group, also known as ISIS or ISIL, was behind it.

He said the attackers arrived

at the airport in a taxi and blew themselves up after opening fire.

The victims included some foreigners, he said, adding that many of the wounded have minor injuries but others are more badly hurt.

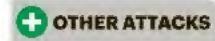
Another Turkish official said two of the attackers detonated explosives at the entrance of the international arrivals terminal after police fired at them, while the third blew himself up in the parking lot.

The official, who also spoke on condition of anonymity, said none of the attackers managed to get past security checks at the terminal's entrance.

Turkish airports have security checks at both the entrance of terminal buildings and then later before entry to departure gates.

Hevin Zini, 12, had just arrived from Duesseldorf, Germany, with her family and was in tears from the shock.

"There was blood on the ground," she told The Associated Press. "Everything was blown up to bits.... If we had arrived two minutes earlier, it could have been us."



Turkey has seen several bombings in recent months linked to Kurdish or Daesh militants.

The bombings include two in Istanbul targeting tourists - which authorities have blamed on Daesh.

The attacks have increased in scale and frequency, scaring off tourists and hurting the economy. THE ASSOCIATED PRESS

Two South African tourists, Paul and Susie Roos from Cape Town, were at the airport and due to fly home at the time of the explosions.

"We came up from the arrivals to the departures, up the escalator when we heard these shots going off," Paul Roos said. "There was this guy going roaming around, he was dressed in black and he had a hand gun." THE ASSOCIATED PRESS.







O Distraught survivors of the attack leave Ataturk, Turkey's largest airport, GETTY IMAGES

Emotional passengers who survived the attacks cry as they leave Ataturk airport in Istanbul, GETTY IMAGES

Turkish police block the road as relatives of the passengers wait outside Ataturk.



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Your essential daily news

Wednesday, June 29, 2016

### **ROSEMARY WESTWOOD** ON THE BROAD IMPLICATIONS OF BREXIT

## Isolationist nationalism is ballooning across developed nations, and there's no reason why Canada should consider itself immune

Let's begin on this basic agreement: Brexit was not about the crazies.

There aren't 16 million nutjobs in the U.K.. You might not know it by the liberal media's gleeful embrace of remorseful "leave" voters who couldn't believe their side actually won, or its thrilled reporting on the millions of Brits who Googled "What's the EU?" late Thursday night. And you certainly wouldn't know it by the outrage and shock across the world last Friday after the results were reported.

That shock echoes much of America's utter inability to accept Donald Trump as the Republican presidential nominee (still). And to me, the astronomical level of surprise in both nations has been by far the most surprising — and disturbing - part. How could so many of us (I admit to shock at both movements) be so egregiously ignorant? And when's it Canada's turn to get

There's no opining from a safe distance. It feels like a wave of isolationist nationalism is ballooning across developed nations. One that seems driven by a sort of rediscovery of an ignored working class and its place in the globalized economy. And there's no reason why Canada should consider itself immune.

Not all agree. Michael Hart, a professor emeritus of trade policy and foreign affairs at Carleton University, dismissed the idea that Brexit was about globalization at all. Actually, he called the idea "nonsense." The referendum, he told me, was about "anti-Brussels and

Raging capitalists are being forced to align themselves with the likes of **Bernie Sanders in** admitting we may have a problem.

anti-EU" sentiment, "and most Canadians would be, too." It was a rejection of the deep political, economic and judicial integration across Europe.

"A lot of people said: All we're doing is saying we're going to be a sovereign country again, negotiate new trade and investment relations," he said, painting the debate in the blandest of terms.

populated, far less wealthy parts of England that voted to leave, and heard parroted concerns: "There's no decent work," "The politicians don't care about us." "We've been forgotten." Nor does it disparage such economic worries to note some basic facts illuminated by the polls: "Leave" voters were, generally speaking, older, less educated, and less



TAKING LEAVE Vote Leave supporters gather to listen to Nigel Farage, the leader of the UK Independence Party after the Brexit vote, matt dunham/the associated press

What about the headlinegrabbing immigration debate and underlying xenophobia, l pressed. But he brushed off both, blaming "a lot of ignorant people in the media."

But claiming little substantial xenophobia in a vote championed by far-right UKIP leader Nigel Farage is like arguing Donald Trump is a self-made man: Wanting it to be true doesn't make it thus. Of course a vote for sovereignty is wound up in nationalism, and nationalism and racism are hopelessly entwined.

Acknowledging this doesn't discredit other motivations for "leave" ballots. In a Guardian article this week, one writer argued the referendum was no surprise, after he travelled through the northern, less

wealthy. Or, to a degree, what might be deemed the "working class."

Perhaps, as Hart argues, these voters were motivated angry about that would they was bettering their lives?

by sovereign worries, but how be if they believed integration

That's why, according to a recent Bloomberg story, analysts at Deutsche Bank and Merrill Lynch bave admitted in their reports that the working class in the U.S. and the U.K. might be fed up with getting the s-t end of the capitalist stick. Most important, they say: These people left out of global capitalism's benefits still hold enough political power to upend the European order and potentially thrust Donald Trump into the

White House, Just as raging lefties I know were forced to bring a barf bag to the referendum polls, where they aligned themselves with David Cameron, raging capitalists are now being forced to align themselves with the likes of Bernie Sanders in admitting we may have a problem here.

And likely here, in Canada. Last year, research from the University of Calgary warned that the recent linguistic disappearing act that has made most of us self-identify with the "middle class" now threatens to obscure the legitimate concerns of a traditional "working-class," those in manufacturing, and clerical and service sectors, They are the ones "genuinely struggling to keep up."

"We should not feel complacent about Trump and Brexit, and we should not be just laughing at people who support Trump or voted for Brexit," said Diana Brydon, the Canadian Research Chair in Globalization and Cultural Studies at the University of Winnipeg.

We may have multiculturalism, plus a deep historic dependence on both immigration and global trade, but that doesn't mean people here aren't also afraid that growing international interconnectedness is loosening their control over their own lives.

"It's a sense of being left out of a global economy," she said to me.

Both Brexit and Trump are about a fear of change, a loss of autonomy, and "distrust of what are called elites and distrust of governance systems," she added.

Some are now slamming those same elites for ignoring that exact fear. But if the "Eurocrats, party leaders, academics and pundits" can now be chastised by the Globe and Mail's Margaret Wente for "not understanding their own people," so too should all surprised Americans, and, probably, so should we.

## **Three Amigos need to** make a moral case for international trade



Steve Rennie Metro Ottawa

Today, they are amigos. Next year, who knows?

The bonhomie between Prime Minister Justin Trudeau, U.S. President Barack Obama and Mexican President Enrique Peña Nieto will be on full display when the three leaders gather in Ottawa today for one of their annual meetings. For now, the three North American leaders agree more than they disagree, most notably, on easing trade barriers.

It is hard to imagine that will be the case when Trudeau and Peña Nieto meet with either Hillary Clinton or Donald Trump at their next

gathering.

Both U.S. presidential hopefuls — particularly Trump are considerably more anti-free trade and inwardlooking than Obama. Protectionist rhetoric always heats up during election campaigns, as candidates try to win over voters who are angry about the state of their economy. But this time there seems to be more to it. The populist messages of Trump and Clinton rival Bernie Sanders clearly struck a chord with large numbers of both Republican and Democrat voters. Clinton now opposes the Trans-Pacific Partnership — a trade deal she supported when she was U.S. Secretary of State — and she has distanced herself from the North American Free Trade Agreement.

Obama, Trudeau and Peña Nieto will likely talk about why it's better to break down trade barriers than to erect them. But that message will

be a tough sell against the backdrop of a U.S. election campaign in which the candidates are openly deriding international agreements. And, even though Obama is racing against the clock to seal the TPP deal before he leaves the White House in January, he knows full well that whoever succeeds him is bent on undoing as much of the pact as possible.

The meeting runs the risk of being seen as an exercise in futility unless Trudeau and his amigos can make a pro-trade case that goes beyond the usual path-to-prosperity stuff. Trump's rise, Clinton's pivot, and the anti-internationalism that propelled the U.K. Brexit vote all show that large segments of the population aren't buying that line anymore.

There are ways to make such a case. To take just a couple of examples from yesterday's preliminary talks, Trudeau and Peña Nieto agreed to increase the number of student exchanges and they talked about how the countries could assist each other in addressing the plight of indigenous peoples.

The leaders would do well to emphasize such humanscale initiatives. They carry moral weight. They reveal important, underdiscussed dimensions of multilateral cooperation. They can amount to a corrective to anti-trade cynicism.

If this is indeed the last waltz for these likeminded amigos, they need to make it count.

Steve Rennie is a the managing editor of Metro Ottawa

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by Jason Logan WHAT DOES IT MATTER HOW MANY LOVERS YOU! HAVE IF NONE OF THEM GIVES YOU THE UNIVERSE? JACQUES LACA

Philosopher cat now at

# 



Your essential daily news

Prince Harry takes up Princess Diana's fight against AIDS, will speak at conference in South Africa

# Ramadan's many meanings

CULTURE

#### **Young Muslims** forge their own traditions during the holy month

Genna Buck Metro Canada



"It's one of the best times of the year."

That's how Asma Hasnat, a 26-year-old college student from Toronto, feels about Ramadan.

During the religious festival, which falls from June 6 to July 5 this year, Muslims abstain from eating, drinking (and having sex, among other things) from sunrise to sunset.

But not all Muslims observe Ramadan the same way.

"It's good to not fast in a way where you just starve yourself from morning to evening." Hasnat said. "Fasting for me has been more about character development."

"(lt's) a great time to discipline yourself: not only not eating and drinking, but also holding your tongue back in a moment when you want to say something wrong."

Her view was echoed by Rizwan Mohammad, 35, advocacy co-ordinator for the National Council of Canadian Muslims. He said his personal

experience of Ramadan — with family visits, a prayer on the night of the new moon, and daily breakfasts at 3 a.m. is "a little more traditional."

But that's not true of participants in the weekly dropin group he leads for young Muslims in the suburbs of east Toronto. They've dubbed themselves Beyond Belief, and many members are what Mohammad calls "unmosqued": They don't belong to a particular faith community, but still want to "try to find a way to revisit their spirituality," during Ramadan.

He's not sure how many people in the group, or his wider social circle, fast according to the traditional rules.

"I see a whole spectrum of observance during Ramadan," Mohammad said.

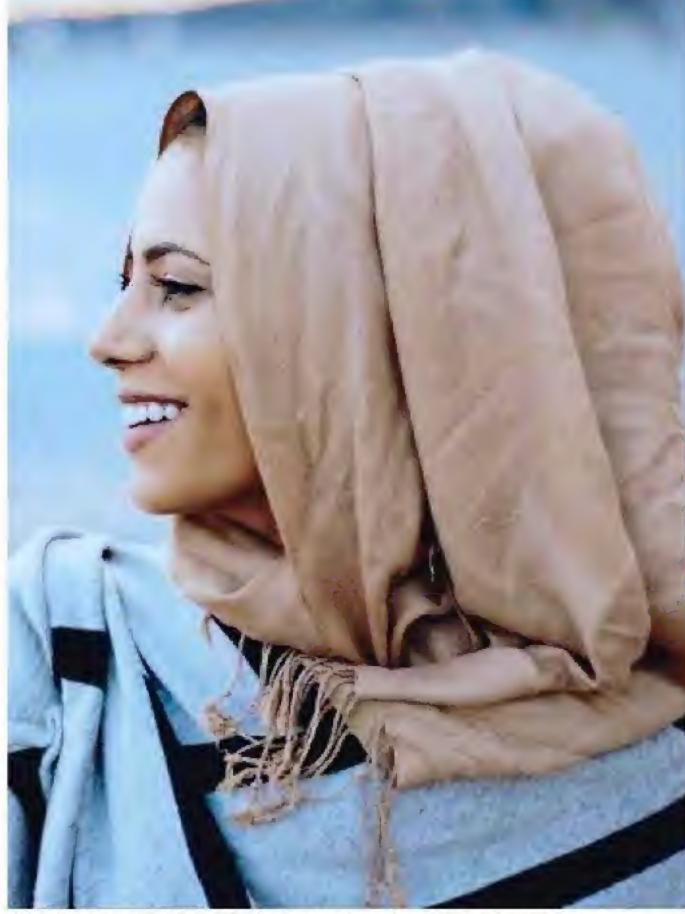
People who typically don't pray or attend a mosque may start, he said. Siblings make a point to spend more time together. Some people renew their commitment to social justice causes, or "fast" from their favourite movies or music.

Others choose not to go to night prayers at their local mosque, but do come for the free post-fast meal and stay late into the night to enjoy the fellowship.

Mohammad rejects what he calls a tendency to "flatten" Ramadan and make it only about fasting and showing solidarity with the poor and hungry.

Because in addition to being about sacrifice, Ramadan is also a lot of fun: because of its focus on family time, charitable giving, feasting and togetherness.

Mohammad quoted a saying of the Prophet Muhammad, Islam's holiest figure, as evidence that the holy season is about more than abstinence: "Some people get nothing from fasting but starvation and thirst."



Asma Hasnat says that for her, fasting is more about character development. CONTRIBUTED

### WIDE SPECTRUM OF OBSERVANCE

Rizwan Mohammad says he sees a "whole spectrum" of observance during Ramadan, Some people may spend more time with family, renew their commitment to social justice causes or 'fast' from favourite movies or music.



#### JOHANNA SCHNELLER WHAT I'M WATCHING

## The joy of Mindy is the clever dialogue

THE SHOW: The Mindy Project, \$4, E22 (City) THE MOMENT: The Princeton **Jokes** 

Fertility doctor Mindy Lahiri (series creator Mindy Kaling) tells her colleagues Morgan (Ike Barinholtz) and Jody (Garret Dillahunt) that her alma mater, Princeton, has invited them to do a presentation on campus.

"Our first Ivy," Jody says. "The perfect demographic for egg freezing: smart, careerist girls who consider science their boyfriends."

As they set up, Mindy is radiant with overconfidence, as

"The last time I was on this stage," she rattles off, "a hypnotist made me think I was a chicken, and I took my clothes off. He didn't ask me to."

"I always knew I'd end up at the lvy's," Morgan says. "I thought I would be some kind of study cadaver, but this is good, too."

Mindy has been on a rocky road, trying to cope with plot

(motherhood, and splitting from Danny, played by Chris Messina). In this episode, the writers and characters are back to form.

They're delivering clever, narcissistic dialogue at high speed. The great pleasure of this series is watching the characters — each of whom is utterly self-involved — pretend to listen to the others, when really they're just waiting for their turn to speak.

So the funny lines (some of the funniest on TV) can ping

around where they please. Plot is irrelevant, as long as Mindy keeps saying things like this, with serene self-satisfaction:

"I did that Japanese decluttering thing where you hold something, and if it doesn't bring you joy you throw it out. I got rid of all my vegetables and an electric bill."

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



The Mindy Project is full of self-involved characters. HANDOUT

metr@LIFE Food Wednesday, June 29, 2016

# Eat like the first Canadians

RECIPE

**David Wolfman** shares an aboriginalinspired dish

Liz Brown Metro Canada

A member of the Xaxli'p First Nation in B.C., chef David Wolfman is an internationally recognized expert in wild game and traditional aboriginal cuisine.

He has fond childhood memories of his mother whipping up feasts for visitors. "When people came over, the first thing we'd do is head to the kitchen and she'd go and make food for everyone. Sharing was always important to us. It's what I do now. I share knowledge and food. That's what the elders have taught me," he

For Canada Day, he shares a recipe with Metro using some quintessentially Canadian ingredients: venison (deer meat) and birch syrup. If you can't procure wild game, beef or pork will suffice.



These Nish Kabobs are made of venison with a birch syrup glaze, courtesy david WOLFMAN

Need birch syrup? You can order it online at wildfoods.ca.

Wolfman dubs the recipe 'Nish Kabobs,' a playful riff on Shish Kabobs. "Nish is a slang term for Anishinaabe," says Wolfman.

Anishinaabe is an umbrella term used to describe some groups of First Nations in Ontario, Manitoba and Quebec.

Nish Kabobs with Birch/ **Balsamic Glaze** 

#### Makes 4 portions. Ingredients:

- 1/2 tablespoon crushed black peppercorns
- 2 teaspoons fresh rosemary, chopped
- 1 teaspoon fresh thyme, chopped
- · 2 garlic cloves, minced 1 teaspoon Dijon mustard
- · 2 tablespoons balsamic vin-
- · 2 tablespoon packed brown

- 1 tablespoon olive oil
- 3 tablespoons soya sauce (or tamari, a gluten-free soya sauce)
- 3 tablespoons lime juice
- 1/2 teaspoon salt
- 1 teaspoon birch syrup
- · 12 oz venison/deer tenderloin, cut into 1-1/2 inch long strips
- 1 tbsp olive oil Directions:

Soak eight wooden skewers

in warm water for 30 minutes

**2.** In a stainless steel bowl.

birch syrup; mix well.

and reserve.

I hour.

mix peppercorns, rosemary,

thyme, garlic, Dijon, balsamic

vinegar, brown sugar, olive oil,

sova sauce, lime juice, salt, and

3. Divide mixture into two and

saucepan and simmer on very

low heat for 15 minutes, strain

place half the mixture in a

4. With the remaining mix-

ture add the venison/deer and

turn to coat evenly; let marin-

ate at room temperature for

5. Drain and discard marin-

**6.** Slightly brush with olive

heat or broil 2 minutes per

oil and grill over medium-hot

side, turning occasionally and

7. Garnish skewers with the

VISIT COOKINGWITHTHEWOLFMAN.COM

wooden skewers.

do not over cook.

reserved glaze

FOR MORE RECIPES

ade. Thread deer/venison onto

#### A refreshing treat for Canada Day

(I) REFRESHING

This is a quick recipe for a tasty smoothie featuring ingredients indigenous to Turtle Island — a name that many First Nations use to refer to North America. And no, there are no turtles in this recipe!

#### Ingredients

- 1 cup (250 mL) fresh or frozen blueberries
- 1 cup (250 mL) maple water
- 1 avocado diced
- ¼ cup (60 mL) pecans
- 1 tbsp (15 mL) maple
- · 2 tbsp (30 mL) sunflower butter

#### **Directions**

Combine all ingredients in a blender and blend until smooth. Makes two servings, DAVID WOLFMAN















Pembina Hotel







# Your essential daily news KTM X-Bow to hit Canadian streets in 2017

# New Spider a fun and worthy rival



#### THE CHECKLIST | 2017 FIAT 124 SPIDER

#### THE BASICS

automatic

**Engine:** 1.4L turbocharged: 4-cylinder

Power: 160 horsepower Transmission: Six-speed manual or six-speed

Fuel Economy (L/100 km):

Nine city, 6.7 hwy (manual) **Price:** Starts at \$33,495 (before freight)





#### LOVEIT

**LEAVE IT** 

 Shared platform with Mazda MX-5 Miata
 Near-perfect weight hal-

Near-perfect weight balance
 Impressive suspension and

#### handling

Lack of headroom
 Lack of sport mode on

#### REVIEW

#### Runs on same platform as MX-5 Miata



Dan Ilika For Metro Canada

If the Mazda MX-5 Miata taught us anything, it's that fun cars don't have to be expensive, complicated or unreliable.

Tired of its roadsters being remembered as little more than relics of bygone days, Fiat is ready to take another shot at droptop dominance with the 2017 Fiat 124 Spider. And in the ultimate if-you-can't-beat-'emjoin-'em fashion, the 124 Spider is based on the very car it hopes to challenge in the sales race.

Three and a half years were spent designing and refining what brand executives hope will become a true halo car for Fiat, and it shows. The 124 Spider may ride on the same architecture as the fourth-generation Miata, but every bit of bodywork and drivetrain has been swapped out to help set it apart from its platform mate.

This new Fiat is made from a monocoque unibody with suspension subframes bolted to the front and rear. Its silhouette harkens back to the Fiat 124 Sport Spider of the 1960s. The overall design, too, follows the course mapped out some 50 years ago, with classic looks that are reserved. If you're looking for a companion for those new perforated leather driving gloves,

the 124 Spider would be it.

Regardless of trim — the 124 Spider is available in base Classica, Lusso and Abarth — all cars come with a 1.4-litre MultiAir turbo four-cylinder under the hood. Yes, this powerplant sports forced induction, but no, it's not exactly the turbocharged Miata fanboys and fangirls have been asking for.

With 160 horsepower, it does make more power than the Miata's 2.0-litre, but not enough to wow the diehards. That's particularly the case when considering that the engine is virtually a direct transplant from the likes of the Dodge Dart and Fiat 500L.

But don't let that disheartening fact ruin your 124 experience, because the engine feels completely different in the roadster than in the crossover.

The standard transmission is, well, a standard transmission; a six-speed manual, to be exact. It's a different gearbox than the one found in the MX-5, and boasts short throws and a friendly clutch. Low gears are a touch on the short side, but it makes a nice companion to the 1.4-litre when you feel like banging through the gears.

So if the MX-5 Miata is the standard by which all roadsters are now measured, where does that leave this new Fiat? Well, off to a good start.

Everything that makes the Miata so lovable — its light weight, great balance and near-impeccable handling — carry over nicely to the Fiat, making it a viable alternative to a car that has dominated the segment for close to 30 years.



ROLLS-ROYCE

## Future looks outrageous

Stephen Elmer AutoGuide.com



The Rolls-Royce brand has imagined what its lineup of ultraluxury vehicles will look like over the next 100 years.

It has rolled out the VISION NEXT 100 concept, trying to answer some key questions, like what is the future of luxury and how will Rolls-Royce fit into that framework.

Customization will be a large part of its future, like it is today, with Rolls-Royce saying that its future customers will be able to commission their cars as genuine one-off creations.

While details are scarce, Rolls-Royce says that the concept is built on a lightweight platform that uses an all-electric drivetrain for power. Composite materials and advances in production will also allow new "creative possibilities" for Rolls-Royce.

Inside, this concept features Macassar wood, hand-twisted silk carpet and soft silk upholstery, while plenty of sunlight is let in through a massive panorama window. Since it is fully autonomous, the steering wheel



Besides being able to drive itself, the Rolls-Royce concept has virtual intelligence. HANDOUT

and instruments have been replaced with a large central timepiece.

Besides being able to drive itself, the Rolls-Royce concept has virtual intelligence that will be able to fulfill all of the passenger's needs. It appears as a digital representation of the Spirit of Ecstasy, Rolls' famous hood ornament, and is named Eleanor Thornton, after the model who inspired the famous logo.

Eleanor will work to learn everything about its passengers, including their favourite restaurants, routes and even art. Using voice interaction, she will work to tailor every drive to its passengers' needs.

And to make sure that every arrival is a grand arrival, a red carpet will be projected onto the ground every time someone is getting out of the car.

"With the Rolls-Royce VISION NEXT 100 we were very mindful not to dwell on the past. We wanted to be as innovative as possible and at the same time transcend the design history of the marque," said Giles Taylor, design director of Rolls-Royce Motor Cars.





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# Muddy boots wanted in lux trucks

#### LAMBORGHINI

#### Museum gets a refresh

Lamborghini's headquarters in Italy houses the brand's official museum, which just received a complete overhaul. Tons of classic Italian metal will be now be on display in the museum, stephen elmer/ AUTOGUIDE.COM





# WHEELS ROUNDUP News driving the auto industry brought to you by AutoGuide.com

## Vinyl flooring never looked so fancy

Ford is making sure that the working man with muddy boots will feel comfortable in its luxury pickups. For 2017, the Ford Super Duty lineup will offer a vinyl flooring option for the King Ranch and Platinum edition trucks, offering customers a luxury interior without the fancy carpeting which quickly gets dirty. To make sure that these models still stand out, the vinyl flooring is more durable and thicker than in base models. "Super Duty customers use their trucks in all aspects of their lives - including for work and as a personal vehicle," said Doug Scott, Ford truck group marketing manager. "They want the luxury of a King Ranch or Platinum edition, while maintaining their ability to use the truck for work without fear of ruining the interior." STEPHEN ELMER/AUTOGUIDE.COM

#### **FORD MUSTANG**

### New face for Transformers 5

The fifth Transformers movie is currently filming and another one of its featured vehicles has been released. This time, it is the Ford Mustang which plays the evil Deceptioon known as Barricade. This is the first time that the new sixth-generation Mustang has been used in the popular film series, stephen elmer/autoguide.com



# Serena tries silence while chasing history

There's nothing ...

mentally too hard

for me.

Serena Williams

WIMBLEDON

#### Champion says she puts Graf's record out of mind

Leave all the chatter about Serena Williams' pursuit of her 22nd major singles trophy to others.

Williams and her coach, Patrick Mouratoglou, do not discuss that number.

"We don't talk about it at all. Zero," Mouratoglou said Tuesday at Wimbledon after watching Williams win her first-round match.

Why is that?

"Because there is nothing to talk about. We have a Grand Slam (title) to win, and that's



It didn't take long for the first rain of this year's tournament, which out short action in the early evening and limited play to the main stadium, the only venue with a roof at the All England Club. In all, 14 matches were suspended in progress and 17 were postponed altogether.

Of the matches that did conclude, zero seeded players lost.

what's most important. We don't talk about the reward."

he said. "We talk about the work we have to do." That is going

to include some extra time spent fine-tuning the top-seeded Williams' serve after she delivered five doublefaults, including three in one game, and faced five , break

points during an uneven 6-2, 6-4 victory over Amra Sadikovic, a Swiss qualifier ranked 148th and making her Grand

Slam debut. "It's very rare that everything works perfectly the first round. It's one of the things that were not good today, so we're going to work on it," Mouratoglou said. "But it's not a

big deal.

I don't think it's a big deal." It didn't take long for the

> first rain of this year's tournament, which cut short action in the early evening and limited play to the main stadium, the only venue with a roof at the All England

Club. In all, 14 matches were suspended in progress and 17 were postponed altogether.

Since earning her sixth Wimbledon championship and 21st Grand

Slam title

Serena Williams won her Wimbledon opener Tuesday.

**IMAGES** 

With her mother sitting in Centre Court's Royal Box, Williams trailed 15-40 in Tuesday's opening game, then won 13 consecutive points and grabbed a 3-0 lead. In the second set, Williams made four unforced errors in one game to get broken and fall behind 2-1. But she broke right back. THE ASSOCIATED PRESS

a year ago, Williams has gone

18-3 at majors, with the losses

coming in the U.S. Open semi-

finals, the Australian Open final

that Williams has been beset

by nerves as she seeks No. 22,

which would equal Steffi Graf's

Open-era record (Margaret Court

holds the all-time mark of 24).

of a mental stumbling block.

Williams dismissed the notion

"I think more or less about

winning Australia. I think about

winning the French Open. Didn't

happen. I think about winning

Wimbledon," she said. "I don't

necessarily think about win-

lungs in 2010, for example -

Williams continued: "Mentally

I've been further down than

anyone can be. Well, maybe not

anyone, but I've been pretty low.

There's nothing ... mentally too

Then, in what sounded like a

reference to various

health issues that have

put her in the hospi-

tal and kept her off

the tour for months

blood clots on her

ning '22."

hard for me."

That led some to surmise

and the French Open final.

## Canadian puts faith in women's eight

The eight boat in rowing represents the perfect marriage between power and harmony, says Cristy Nurse. It's the ultimate expression of teamwork.

For the past four years, Canada's women's eight has worked daily on finding that rhythm at their training base in London, Ont., in preparation for the Rio Olympics.

Canada won't have a men's boat in rowing's marquee event. in Rio, but the women won silver four years ago in London, and headline the 26-member Canadian Olympic rowing team announced Monday.

"The special thing about this boat is it's the ultimate expression of teamwork," said Nurse, a 29-year-old from Georgetown, Ont., and member of the women's eight. "It takes nine minds and nine bodies working together (the ninth member is the coxswain).

**Cristy Nurse** GETTY IMAGES

"There's a reason it's the eight on those posters in doctors offices and classrooms, that say 'teamwork,' it's really the embodiment of that. And I

think that's what this crew is capable of when we get it right."

The Canadian team features 10 returning Olympians, including six who won medals in London. Lesley Thompson-Willie, the coxswain of the women's eight, will compete

Canada qualified six boats for Rio last September at the world championships, and the men's quadruple sculls Julien Bahain, Will Dean. Rob Gibson, and Pascal Lussier - clinched a spot as the seventh and final boat at the final Olympic qualifying regatta in May.

in her eighth Olympic Games, tying the all-time women's record for any sport.

"We've got incredibly strong athletic girls (in the eight), and going into Rio, it's just going to be about refining and sharpening, so that every stroke is just moving that boat together," Nurse said.

"In this boat class it's about just gliding through the water, we want to take inches from our competition as we move, and sharpening our skills as we go forward. And the bigger the boat, the minds have to come together, and that's our challenge going forward."

Canada has a tradition of excellence in rowing, capturing 40 medals in Olympic history, ninth best in the world.

The Canadian team took home two medals from London — silver in the men's and women's eights.

But post-London, Rowing Canada killed the men's eight program, hoping to spread the resources over a number of smaller boats.

THE CANADIAN PRESS

NCAA BASKETBALL

# Winningest coach in D1 history dies

Pat Summitt, the winningest coach in Division I college basketball history who uplifted the women's game from obscurity to national prominence during her 38-year career at Tennessee, died Tuesday morning. She was 64.

With an icy glare on the sidelines, Summitt led the Lady Vols to eight national championships and prominence on a campus steeped in the traditions of the football-rich south until she retired in 2012.

Tennessee won NCAA titles



Pat Summitt GETTY IMAGES FILE PERFRICES.

in 1987, 1989, 1991, 1996-98 and 2007-08. Summitt had a career record of 1,098-208 in 38 seasons. plus 18 NCAA Final Four ap-

She announced in 2011 at age 59 that she'd been diagnosed with earlyonset dementia.

THE ASSOCIATED PRESS



#### IN BRIEF

#### Canucks pick up tab on GM's tampering violation

The Vancouver Canucks will pay for general manager Jim Benning's candid comments.

The club was fined \$50,000 US by the NHL on Tuesday afternoon for tampering.

Benning mentioned the Canucks' interest in Montreal defenceman P.K. Subban and Tampa Bay captain Steven Stamkos while being interviewed Thursday by a Vancouver radio station. THE CANADIAN PRESS

#### Football's defensive genius **Buddy Ryan dead at 85**

Buddy Ryan, the pugnacious coach who masterminded two fierce defences that won Super Bowl titles and whose twin sons have been successful NFL coaches, died Tuesday. He was 85.

His death was confirmed by the Buffalo Bills, where Rex Ryan is the head coach and Rob Ryan an assistant. James Solano, Buddy Ryan's agent, said he died in Kentucky but did not give a Cause. THE ASSOCIATED PRESS.

## Baldwin, Seahawks share 2020 vision

Baldwin had 14

TDs last season

The Seattle Seahawks and wide ting career highs in TDs, re-

agreed to a four-year contract extension that runs through the 2020 season.

The team confirmed the agreement on Tuesday, first reported by KIRO-AM in Seattle.

to go with 1,069 receiving yards. Baldwin is com-

ing off a career season, tying for the NFL lead in touchdown receptions and set-

receiver Doug Baldwin have ceptions and yards receiving. It's the second ex-

tension Baldwin has signed with the Seahawks after agreeing to a three-year deal following the 2013 season. Baldwin bet on himself by agreeing to a shorter deal at the time in the hopes of cashing in

down the road.

THE ASSOCIATED PRESS

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### \*IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Family discussions will be more important in the next two weeks. Very likely, they will focus on gettogethers, reunions and home repairs. "Let's fix up the place!"

Taurus April 21 - May 21
Today Mercury changes signs,
which is why you will be more
talkative in the next two weeks.
You want to enlighten others.
You have something to say!

II Gemini May 22 - June 21
Financial matters will be on your mind in the next two weeks. Trust your ability to come up with excellent moneymaking ideas.

Cancer June 22 - July 23
Because Mercury will be in your sign for the next two weeks, you are eager to communicate with someone to maintain a friendly relationship. Enjoy reaching out.

Reb July 24 - Aug. 23
Behind-the-scenes research will go well for you in the next few weeks. Keep digging for whatever it is you are looking for, because you will find it.

Virgo Aug. 24 - Sept. 23 You will enjoy hanging out with younger people in the next few weeks. This is a good time to share your future goals to get someone's feedback. Libra Sept. 24 - Oct. 23
Discussions with bosses, parents and VIPs will be important in the next two weeks. You have something to say; they are willing to listen.

Scorpio Oct. 24 - Nov. 22
It will be easy to study anything at school or for personal reasons in the next two weeks. Your mind wants to expand and learn whatever it can.

■ Sagittarius Nov. 23 · Dec. 21
Discussions about shared property, inheritances and insurance disputes will go well in the next two weeks. You've done your homework, and you feel informed.

Capricorn Dec. 22 - Jan. 20
The next two weeks are an excellent time to clarify issues or explain something to a close friend or partner. You want to have some intellectual stimulation with others.

Aquarius Jan. 21 - Feb. 19
You will excel at any kind of mental work in the next two weeks because you will pay attention to detail more than usual. Furthermore, you will set high standards for yourself.

)-( Pisces

Feb. 20 - March 20
Expect to be in a more playful mood in the next two weeks. You want to have fun with others as well as play pranks. You also will enjoy reading and writing for pleasure.

CONCEPTIS SUDOKU by Dave Green

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### **RECIPE Turkey Lettuce Wraps**



Ceri Marsh & Laura Keogh For Metro Canada

These lettuce wraps are a light spin on dinner and receive a monster hit of flavor thanks to ginger, garlic and Sriracha.

#### Ready in

Prep time: 10 minutes Cook time: 10 minutes

#### Ingredients

- 1 lb (450 g) ground turkey
- · 1 Thap (15 ml) of vegetable oil
- 1 red pepper, diced 1/2 cup (125 ml) water
- chestnuts, diced
- · 2 scallions, chopped
- 1 clove of garlic, minced 1 tsp (5 ml) ginger, minced
- 1 Tbsp (15 ml) rice vinegar
- 1 Tbsp (15 ml) soy sauce
- 1 Tbsp (15 ml) Sriracha
- · 1 head of Boston or bibb lettuce
- small handful of cilantro, chopped
- small handful of unsalt-

ed cashews, chopped

1. Warm the oil in a large skillet over medium heat. Add the turkey and break it up with a spoon as it browns until almost cooked through.

**ACROSS** 

1. Skin 'vent'

8. Model/ac-

tress Kate

15. Crude

network

ed area

pooch

a-Royal

36. Daggers

44. Jack, to Ozzy

melodramatic)

47, "What can I,

repairable?)

er in film)

fix things?" (Is this

in a Beatles song

51. Aunt's li'l hubby

Gershwin portray-

56. Shawn Mendes/

54. Robert \_\_ (George

49. Acronymed-spot

46. Lay \_\_\_ thick (Be-

Montreal

45. Lofty

- 2. Add the peppers, garlic and ginger and keep pushing everything around until it smells amazing and the vegetables begin to soften. Pour in the vinegar, soy and Sriracha, along with the water chestnuts and give it all a stir.
- 3. Check that the turkey has cooked through. Put the mixture in a serving bowl.
- 4. Place the meat, whole lettuce leaves, chopped cilantro and nuts. on the table and let everyone assemble their lettuce wraps.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM.

#### 5. Afternoon time 16 13. Time and (Ex-13 tra hours pay) 16. Shoe material 21 17.\_ Sergeant 18. Measure that ingredi-28 ent by sight: 2 wds. 20. Canadian finance 32 magazine/website 22. Contact (Vision corrector) 34 | 35 36 23. Disney-owned 38 40 30 24. Church's vault-25. Recipe amt. 42 43 27. Morns followers 29. 'Thin Man' 45 43 31. Letters-for-47 48 52 34. Many times 54 55 57 52 37. Goose, in 38. Alfred Sung's pro-60 81 fession: 2 wds. 41. Monk's title 62 63 42. Comprehend 43. Heart, in Hulf

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

Camila Cabello duet: "I Know What You Did \_\_\_ 59. Ted's sweetheart on "The Mary Tyler Moore Show\* 61. Verboten 62. Aqua \_ (Gold-dissolving mixture) 63. Increase.

with Up. 64. 'Laughing' animal 65. PGA, et al. 66. Choler 67. Industrial city in Russia

#### DOWN 1. Celebrity chef

Ms. Lakshmi. 2. "\_\_\_!" (Laura Petrie's catchphrase on "The Dick Van Dyke Show") 3. Really 'purr' outside, it's noisy when

it hits the house's

'woof': 4 wds. 4. She, in Sherbrooke 5. Balsam Firs

6. Duo of classic Canadian comedy: 3 wds. 7. Has to pay up 8. Can, neighbour

9. Removes

10. In Toronto, one would start with 416...: 2 wds. 11. Norse deity 12. Butterfly banes 14. Chilliwack song that starts "Four men in a rock 'n' roll. band...": 3 wds. 19. Ms. Midler's 21, 2008 VP candidate from Alaska ...her initials-sharers 26. Maxim or axiom: 2 wds. 28. "Blah!" 30. Permeate 32. Andre \_ (Dutch violinist/conductor of PBS concert fame) 33. Berlin 'mister' 34. Switch settings sometimes 35. 'Yukon's Best Kept Secret' town 36. Hitch 39. Blue Jay's competitor in Baltimore 40. Guck 46. Magazine no. 48. Put one's (Meddle) 50, Mr. McQueen 52. Bright city lights 53. Bullfrog's noise 54. Taj Mahal's site 55. Horsley and Majors 57. The Bell of \_ (Henry Wadsworth Long-

fellow poem)

58. Potato sal-

60. Car's fill up

ad ingr.

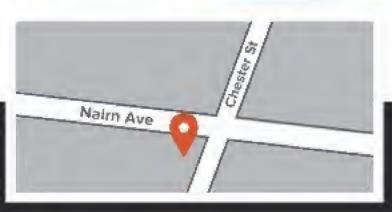
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